

Touch of Love Outreach

Annual Report for
the year ended
31 March 2022

Delivering aid to
transform the lives of
the most vulnerable in
Aberdeen & Shire



Touch of Love Outreach: Brief Overview

Touch of Love Outreach is a charitable organisation helping to support very poor families within Aberdeen and Aberdeenshire experiencing real hardship due to illness, disability, very low or no income, or going through extreme life challenges.



OSCR Registered SCIO SC050493

Touch of Love Outreach: Brief Overview (Contd.)

Our weekly parcels include:

- | | | |
|-------------------|------------|------------|
| -Bread | - Milk | - Cheese |
| -Copped Tomatoes | - Cereal | - Soup |
| -Fresh Fruits | - Crackers | - Biscuits |
| -Chicken or Beef | - Beans | - Juice |
| -Fresh Vegetables | - Potatoes | - Pasta |

To date, we have delivered over 7,000 food parcels within Aberdeen City and Shire, with the support of our dedicated volunteers and partners.



What We Do

Tackling Domestic Abuse: We offer holistic support services to women and children affected by domestic violence to help rebuild their lives and alleviate the consequences of domestic abuse and criminal exploitation of these vulnerable persons.

Promote Positive Health & Wellbeing: We deliver community-based activities and programmes to help address the impact of distress and mental ill health caused by isolation and loneliness, as well as addressing the mental health inequalities exacerbated by the COVID-19 pandemic in order to get our Aberdeen community reconnected and revitalised.

Tackling hunger: We support very poor Aberdeen and Aberdeenshire families experiencing real hardship and struggling with severe food insecurity by providing weekly-day food supplies while a longer-term solution is developed. Since 2020, we have distributed over 130,000 food items delivered through 7,000 food parcels to support over 3,000 persons in need within Aberdeen and Aberdeenshire.

We help anybody who needs our support; young, old, single people and families from all backgrounds, religious beliefs and ethnic origins, without prejudice. There is no charge for our food supplies. We provide both warm meals and raw foods in our food parcels. Our weekly parcels do include but not limited to Bread, Milk, Eggs, Cheese, Potatoes, Cereal, Soup, Fresh Fruits, Several Tinned Soups.



What We Do

TOL Youth Aberdeen: We deliver community-based youth work through the support of young people aged 12+ within Aberdeen & Aberdeenshire to bring about positive change in their lives through impacting values and core principles including Inclusion, Selfdetermination, Empowerment, Collaboration and Learning. This is achieved through activities that create safe spaces for the young people to engage in conversations around anti-sectarian awareness-raising and action. Activities include sports events, arts, games and ice-breakers.

Touch of Love International: From Food Bank Project, Educational Support, Poverty Alleviation to Domestic Abuse - we're International! Touch of Love Outreach helps feed local Nigerians and Malawians experiencing real hardship by meeting their most basic need for food, education, and hospital expenses.

Our mission is to support very poor families within these two countries to build a better life and future.

We focus on five main areas of work: Food Security, Income Generation, Poverty Alleviation, Health Emergency Response, and Education Support. We want to empower poor families to defeat poverty and injustice through our monetary interventions, food supplies, cash assistance. To help alleviate poverty in these families, we support these food -insecure families through monetary interventions, food supplies and cash assistance. We are increasing access to education programmes as we expand to slums, hard villages and underserved communities in Nigeria & Malawi to find the best sustainable solution to provide education for children and young people from vulnerable and extreme poor families in order to break the cycle of transgenerational poverty.



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Our Trustees



Jane Akadiri



Rev. Franklin Umekachikelu



Vivienne Amakiri



Vivian Onyeka



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Meet The Team



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Facts and Figures

130,000

Over 130,000 non-perishable and perishable items have been delivered to date

7,000

Over 7,000 food parcels delivered to families struggling with severe food insecurity

20

Over 20 dedicated volunteers partnering with Touch of Love Outreach to help feed families in need across Aberdeen City and Shire

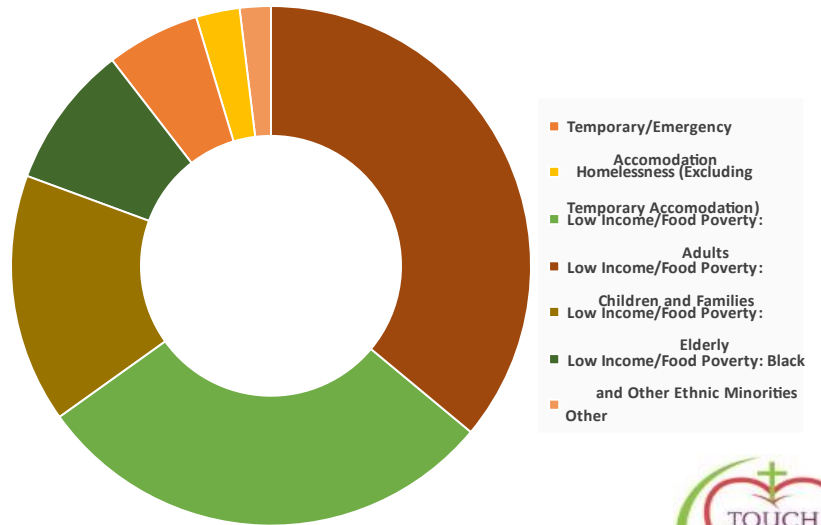
160

Average 160 persons fed week on week



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Split of Household Fed



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Underlying Causes Of Household Food Insecurity

These drivers come under six broad headings.



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Underlying Causes Of Household Food Insecurity

- The reasons behind rising food bank use during the decade before the pandemic started are well-documented - these include lengthy Universal Credit waiting times, social security payment levels being insufficient to meet living costs, the benefit cap, the two-child limit, sanctions, inadequate wages, and No Recourse to Public Funds status. Since October 2021, the cut to Universal Credit, the end of the furlough scheme, as well as the start of the cost-of-living crisis have led to unrelenting increases in demand for emergency food support.



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Addressing the Underlying Causes Of Household Food Insecurity

- Cutting back our threadbare social security system further and allowing low wages and insecure work to become the norm will inevitably lead to increasing health inequalities at huge cost to our society. The impact of poverty and food insecurity on people's physical and mental health entails enormous human cost, strains public finances through the NHS and other support, and further institutionalises an unsustainable charitable food aid system.



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Addressing the Underlying Causes Of Household Food Insecurity

- In March 2022, Touch of Love Outreach joined forces with 550 independent food banks across the UK through The Independent Food Aid Network (IFAN) urging the Prime Minister and Chancellor of the Exchequer to take immediate action to reduce the rapidly rising levels of poverty, destitution, and hunger in our communities.
- A continuous emergency supply of food cannot resolve someone's financial crisis, it will only act as a temporary sticking plaster. Measures must be urgently introduced to decisively increase people's incomes through the social security system, emergency cash first support and wage increases combined with job security.



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Addressing the Underlying Causes Of Household Food Insecurity

- It's essential that measures are urgently introduced that will ensure cash first, income-based solutions to growing poverty and food insecurity:
 - benefits must be uprated by at least 8% in line with inflation
 - the 5-week wait for Universal Credit, benefit cap, two-child limit, sanctions system, and No Recourse to Public Funds status must be removed
 - wages should match the cost of living and job security must be ensured
 - crisis payments in the form of cash must be available, easily accessible, and well-promoted in every local authority in the UK
- It is the Government's responsibility to ensure that everybody in our society can afford food and other essentials. It is not for volunteers to plug the gaps left by a broken social security system and poorly paid jobs.



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A Bit of What We Do



Weekly Soup Kitchen



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A Bit of What We Do



Weekly Foodshare



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A Bit of What We Do



TOL Celebrates World Book Day 2022 with Walker Road Primary School Torry, Aberdeen



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A Visit From The Scottish Conservative

We got a visit from the Scottish Conservative for Torry/Ferryhill, Michael J. D. Kuszniir on 16/03/2022



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Testimonials

Testimonies

From our Beneficiaries



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Alo Chioma
Thank you so much for the food parcel today God bless you all in Jesus name
Like · Reply · 3d

Kath Anderson
Thank you..its arrived and thanks to the driver xx
Like · Reply · 3d

Kath Anderson
You certainly are an awesome team.. all the hard work and dedication xx
Like · Reply · 2w

Scott Karen
Thank you for parcel
Like · 3w

Leanne Gibson
..well appreciated xxx

Sinead Carlin
Thank you! 🙏
Like · Reply · 3d

Rosemary Byres
Thank you all for the hard work & dedication its greatly appreciate 🌟 xx
Like · Reply · 2w

Sandy Innes
Got mine thanks very much Jane to you and all you're helpers verry Much appreciated thanks again x
Like · Reply · 2w

Kath Anderson
You certainly are an awesome team.. all the hard work and dedication xx
Like · Reply · 2w

Amanda Riddell
Walter was delighted thank you xx
Like · Reply · 3d

Some Feedback From Our Community

Joanna Rowe
Thank you for mels
Like · Reply · 2d

Doris Frisken
Thank you so much! 🙏
Like · Reply · 2w

Nympha George
Thank you so much. Chike received.
Like · Reply · 1d

Josie Durno Merchant
Great ppl..and amazing things u do for our community also 🧡 others xix
Like · Reply · 2w

Idongesit Frank Frank
God bless you and your team
Like · Reply · 2w

Amara Nwachukwu
Thank you Sis 🧡
Like · Reply · 2w

Susan Mair
Thank u x
Like · 3w

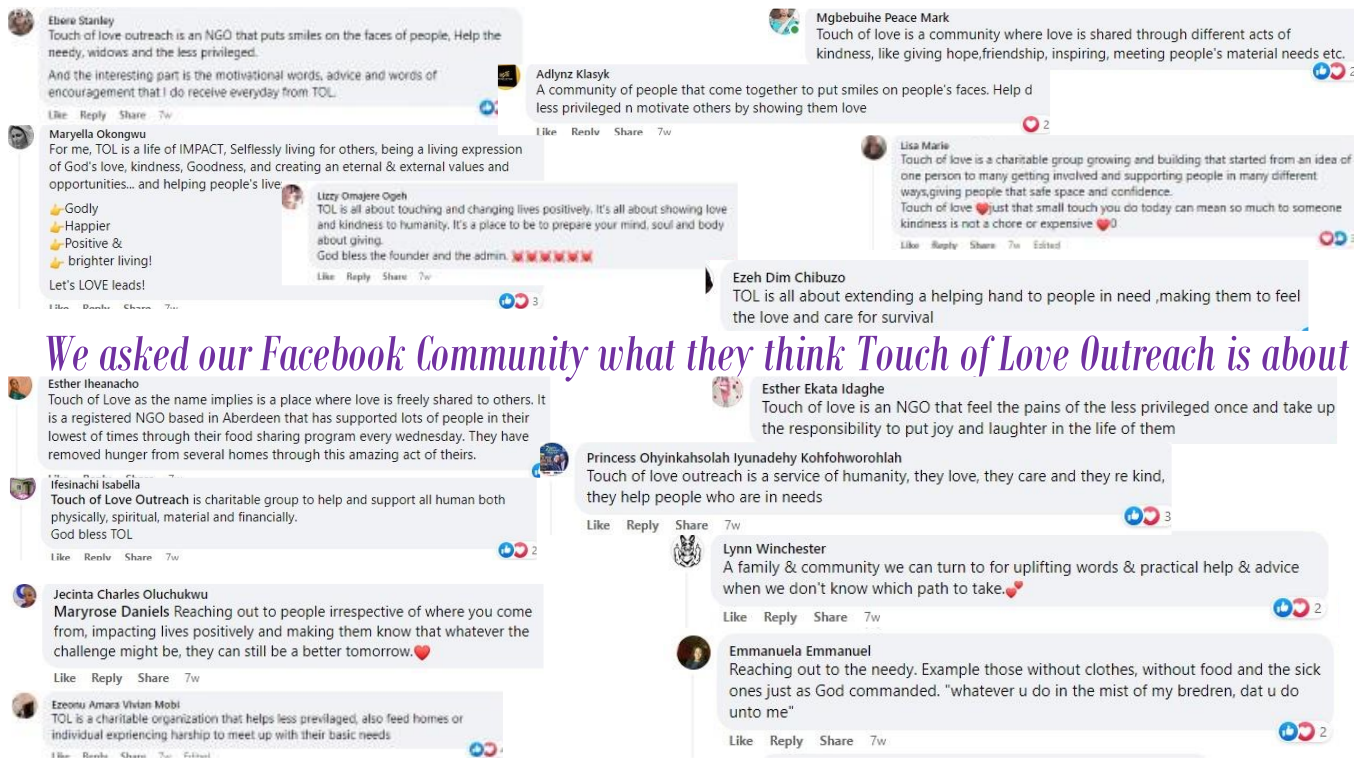
Neil Scott
Thank very much again.
Like · Reply · 3w

Nicole Strang
Thank you for my mum and nana food parcle
Like · Reply · 3d

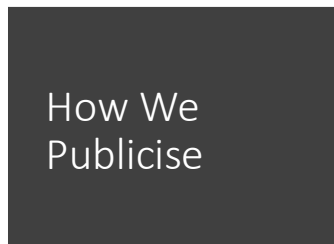
Liz Wood
Thank you x
Like · 3w



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We asked our Facebook Community what they think Touch of Love Outreach is about



Referrals From
Aberdeen City
Council Crisis
Unit



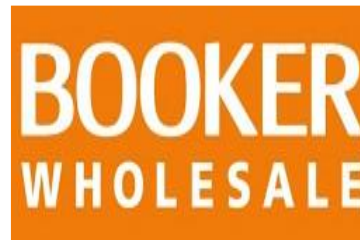
Other Local
Charities



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Partners

- Neighbourly
 - M&S
 - Aldi
 - Lidl
- Co-op
- Booker Wholesale
- CFINE
- Morrisons



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Changes to Our Purpose

To help us better serve the families we support; we decided to remove the advancement of religion from our purpose.

This is because we do not advance religion through our selfless work. Rather, we help everyone in need, independent of their religion or belief.



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Changes to Our Objectives

(1) A good number of household members in the families we serve, especially those from minority ethnic groups; suffer domestic abuse and we have been privileged to learn about their circumstances in the course of our befriending chats with them. In order to provide effective support to them, we added this clause to our objectives.

To provide a holistic support to relieve the needs of persons affected by domestic abuse and trauma (primarily but not exclusively to women and children from minority ethnic groups), and prevent the spread of domestic violence and abuse within Scotland and Overseas and in furtherance of this by;

i) Provision of refuge from domestic violence.

ii) Provision of supportive and educational services to persons affected by domestic violence in order to improve their conditions of life; and to the public in order to prevent the spread of domestic violence.

iii) Working in partnership with other bodies to achieve the objects.



Changes to Our Objectives (contd.)

(2) To further provide sustainable solutions to provide education for children and young people from vulnerable and extreme poor families in order to break the cycle of transgenerational poverty, we decided to help and support the education of children and young people overseas especially those living in slums, hard villages and impoverished communities.

Hence we revised the second clause in our objectives to:

The advancement of education overseas by the donation of books and other stationery, and by providing financial assistance in the form of scholarships to pupils and students from families in crisis due to hunger and poverty.



Touch of Love Outreach International

- Touch of Love Outreach International works alongside communities within Nigeria and Malawi to support and empower poor families to defeat poverty and injustice.
- Our mission is to resource, empower and support very poor families within these two countries to build a better life and future. We focus on five main areas of work: Food Security, Income Generation, Poverty Alleviation, Health Emergency response, and Education Support.



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- Feeding 100 widows for 2020 Christmas

<https://www.youtube.com/watch?v=uesK1Kaa9Y&t=2s>

Touch of Love Outreach Int'l Projects



Maryrose Daniels
Good evening my BIN sister

Please I have one widow in my church Anglican Church of Messiah Ijegun..Her Name is Mrs Joy...the hubby is a LASMA. He died some years ago... left 2 children with his wife... this widow is suffering.... Atimes eating a square meal used to problem...
Please am nominating Mrs Joy..she really needs help. Afoma maryrose from ikotun Axis...is nominating Mrs Joy....I will be very glad if she will be considered... below is her picture with her kid's

Like · 9w · Edited



Nwabenn Nwabenn
I know a very less privileged woman with 7 kids living in a batcha, her children scavenge in waste dums to help there less privilege mum, they don't even attend school. She sells pap to sustain her family. I wish you could include her in those you will bless with your benevolence for the season. I will upload her picture soon. God bless you and more grace ma'am.

Like · 9w



Chioma Ikwe Ikwechukwu
Been a widow is not an easy thing especially when only one person is now doing the job that are meant to be for two people. Widowhood is not an easy thing at a time I wish all are dreams.
Am a widow with four kids who is seriously trying to make the b... See More

Like · 9w

4 Replies



Uche Doris
Am not a widow but an abandoned woman for not having a male child, he actually remarried. Have been the only one taking care of them and it has really been tough. My kids and I really need this and will appreciate. Am an active member in IKOTUN Axis.
Nneka Ezechukwu Okechukwu, Adlynz Amadi, Chukwuelozie Chukwuelozie Uchenna and Adaobi Okwesilieze Ibekwe are my able Admins

Like · 9w



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- Feeding 100 widows for 2020 Christmas

<https://www.youtube.com/watch?v=uesK1Kaa9Y&t=2s>

Touch of Love Outreach Int'l Projects



Mgbebuine Peace Mark
Thanks mama Chioma Obaro for the beautiful work you're doing. May God bless you and the donors. My name is Mark Peace. I'm an active BINSTER from Island axis. There's a woman, though not a widow, who lives in a batcher in my street with her 4 children. She runs a small shop which scarcely has goods from which she caters for herself and her kids. I believe that this support will go a long way for her and her kids. I'll send a picture of her later in the evening as she's not at home now.

Like 9w
→ 3 Replies

Amaka Danchimah
God bless touch of love outreach I have a woman close to my shop life has not been easy with her and the husband is doing shoe maker she has four children this her number 08179881463 she is selling fruits close to my shop and a picture of her is attached I will be glad if it will get to her



Marika Sylvian Owolabi
Good morning sister! I'd like to thank the sponsor of this Christmas grant for widows. May God bless and replenish your purse in Jesus name Amen. Please I am nominating a friend whose husband died last here January and after the husband's death she realised she was pregnant she delivered September last yr. the baby is 1yr 3months so now she is left with 3yrs. She took over the husband's electrical shop at harmony estate junction on Langbasa road Ajah Lagos. I'll appreciate if she can be considered with this grant to help with the business she's doing. Thank you in anticipation, God bless you. I am an island BINSTER. Thanks to my admin Esther theanachio for drawing our attention to this. Attached is her pic for the baby's first birthday.

Like 3w
→ 7 Replies

Adetunke Treasure
Good day maams. May it please this Honourable house. I humbly wish to Nominate my son's teacher. She's a very young widow with 4 kids. Her husband died of accident two years ago. Please I'd be glad if she's considered. I can furnish this Honourable house with all their details for confirmation. Her name is Mrs Olurunferi. I have another widow about 60 years plus, that I have been personally assisting too. I think I mentioned her under one of ma Chioma's post. I saw on Facebook. She's not on Social media. She's an old woman who doesn't have an Android phone. She doesn't speak English fluently.



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- Visit to Destitute Youth and Children at Ejigbo Lagos – December 2020

<https://www.youtube.com/watch?v=6kcOUlpyXSw&t=3s>

Touch of Love Outreach Int'l Projects



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Touch of Love Outreach Int'l Projects

- Visit to Divine Wisdom Nursery & Primary School Makoko, Nigeria – March 2022

<https://www.youtube.com/watch?v=6kcOUIpyXSw&t=3s>

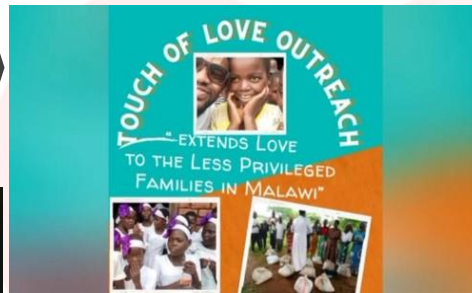


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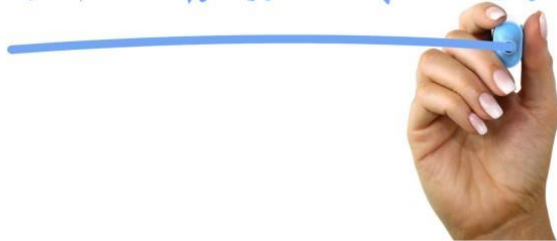
Touch of Love Outreach Int'l Projects

- Outreach to Malawi – February 2022

<https://www.youtube.com/watch?v=9LK534F4Mxs>



THANK YOU



Signed


Handwritten signature of Jane Akadiri.

Jane Akadiri
Chair of the Board of
Trustees



OSCR Registered SCIO SC050493

Statement of Receipts and Payments for the year ended 31 March 2021

	Touch of Love Outreach (SCIO)						SC050493	
	Receipts and payments accounts							
	For the period from	Period start date			to	Period end date		
		Day	Month	Year		Day	Month	Year
	01	April	2021		31	March	2022	

Section A Statement of receipts and payments						
	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	2,733				2,733	362
Legacies					-	
Grants		10,378			10,378	24,923
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	2,733	10,378	-	-	13,111	25,285
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	2,733	10,378	-	-	13,111	25,285
A3 Payments						
Expenses for fundraising activities		-			-	-
Gross trading payments					-	-
Investment management costs					-	
Payments relating directly to charitable activities	2,629	14,652			17,281	4,516
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	100				100	100
Preparation of annual accounts					-	
Legal costs					-	
Other					-	482
					-	
A3 Sub total	2,729	14,652	-	-	17,381	5,098
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	1,519
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	1,519
Total payments	2,729	14,652	-	-	17,381	6,617
Net receipts / (payments)	4	(4,274)	-	-	(4,270)	18,669
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	4	(4,274)	-	-	(4,270)	18,669

Touch of Love Outreach (SCIO)						SC050493	
Section B Statement of balances							
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	2,225	16,444			18,669	-
	Surplus / (deficit) shown on receipts and payments account	4	(4,274)			(4,270)	18,669
						-	
						-	
	Cash and bank balances at end of year	2,229	12,170	-	-	14,399	18,669


Grants

Grants as at 31 March 2022					
Sources	Unrestricted funds	Restricted funds	Total current period	Total last period	
	to nearest £	to nearest £	to nearest £	to nearest £	
National Lottery Community Grant Covid Grant	-	-	-	7,800	
SHMU Station House Media	-	-	-	500	
Neighbourly Community Fund	-	-	-	400	
The Wellbeing Fund	-	-	-	9,950	
The Corra Foundation - Resilience Fund	-	-	-	1,000	
Aberdeenshire Support Fund	-	-	-	750	
Aberdeenshire Community Fund	-	-	-	1,560	
The Robertson Trust	-	-	-	1,000	
Aberdeen Council of Voluntary Organisations (ACVO)		9,378	9,378	-	
Arnold Clark Auto		1,000	1,000	-	
Total	-	10,378	10,378	22,960	

Expenditures

Expenditures as at 31 March 2022				
	Unrestricted funds	Restricted funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £
Rent	-	-	-	-
Insurance	-	-	-	-
Rates and water	-	-	-	-
Meeting Room Subscription		144	144	144
Lights and Heat	-	-	-	-
Website and broadband	-	954	954	213
Food Pantry Equipment/ fitting	-	199	199	474
Food Pantry Repairs	-	81	81	832
Postage and Printing	-	6	6	46
Office Furniture and Fitting	-	-	-	-
Cleaning and Waste Disposal	-	-	-	80
Purchase of Laptop, Hardware and Software	-	545	545	-
Team Building	-	497	497	-
Sundry Expenses	-	-		-
Volunteers Expenses	-	709	709	70
Bank charges	-	16	16	-
Fundraising Expenses	-	160	160	-
Volunteers Training	-	24	24	-
Community Food Projects	-	9,824	9,824	3,140
Health & Wellbeing Projects	-	1,207	1,207	
Overseas Projects	2,629		2,629	
Staff Cost	-	285	285	-
Accountancy/ Independent Examiner Cost	100	-	100	100
Health and Safety Equipment Cost(Including PPE	-	-	-	-
Professional Membership Fee	-	-	-	-
Total	2,729	14,652	17,381	5,098

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	J.Akadiri	Jane Akadiri	15 April 2022
	F. Umekachikelu	Franklin Umekachikelu	15 April 2022

		Independent examiner's report on the accounts					
Report to the trustees/members of	Charity name Touch of Love Outreach						
Registered charity number	SC050493						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	April	2021		31	March	2022
Set out on pages							(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]						
	1. which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or						
	2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.						
Signed:					Date:	25/04/2022	
Name:	Ibrahim Yohanna - Bsc, MSc, MBA, ACA, ACCA, FCCA, FFA, CIA,						
Relevant professional qualification(s) or body (if any):	Association of Certified Chartered Accountants (ACCA) Institute of Financial Accountants (FFA) Institute of Chartered Internal Auditor of UK & Ireland (CMIIA) Certified Fraud Examiner (CFE)						
Address:	14						
	Valentine Crescent, Danestone						
	Aberdeen, AB22 8DB						
	U.K						

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**